

Local Harvest Banquet Producers

Appleberry Farms, Lake City - applesauce. They offer apples, cider, pies and more. Farming practice: Naturally Grown. Contact Ali Batz 712.464.8106

Chuck Siemsen, Audubon - butternut squash. Chuck has been gardening & farming in Audubon for many years and has sold at the Audubon and Carroll Farmers' Markets.

Graddy's Tomatoes, Carroll - tomatoes. They offer tomatoes and salsa. Farming practice: Hyponic. Contact John & Kay Gradoville 712.792.0773 www.graddys.com

Growing Harmony Farm, Nevada - carrots, golden beets and onions. A 56-member CSA (Community Supported Agriculture) offering an abundance of vegetables and fruit. Farming practice: Naturally Grown. Contact GaryGurthrie, 515.382.3117

Joan Bauer, Audubon - tomato-herb french bread. Sells home-baked bread under the label "Breads from Taylor Hill Lodge." Contact 712-563-3891

Northern Prairie Chevre, Woodward - Farmhouse and Manchego cheeses. They offer fine artisan cheeses and other Iowa products. Contact 515.438.4022, www.northernprairiechevre.com

Paul's Grains, Laurel - cornmeal, whole wheat flour, unbleached flour. They offer corn, wheat, oatmeal as flours and cereals. Farming practice: Chemical free since 1967. Contact 641.476.3373, www.paulsgrains.com

Reinart's Prairie Reds, Glidden - ground beef. Grass finished and holistically raised Red Angus. Farming practice: no hormones/antibiotics/steroids, grass and forage feed only. Contact Steve Reinart, 712.656.2563

Schettler's Garden, Carroll - greens, radishes, roma tomatoes, green peppers. A variety of vegetables and fruit at the Carroll Farmers' Market as well as directly from the farm. Contact Norm & Diane Schettler 712.792.3094

Sheeder Cloverleaf Dairy, Guthrie Center - cream, butter. Whole to skim and chocolate milk, butter, cream & eggnog. Available in many stores. Farming practice: no hormones/antibiotic/steroids.

Sheeder Farms, Guthrie Center - turkey, eggs. Raises turkey, layers, chickens, beef. Farming practice: no hormones/antibiotic/steroids, all vegetarian feed. Contact Milton Sheeder 641.747.3686 www.sheederfarms.com

Wayne Simmons, Guthrie Center - raspberries. Red, purple, & black raspberries can be purchased fresh or frozen, jams too. Contact 641.747.3005

Wholesome Harvest, Boone - lamb. A coalition of over 40 small family farms. Farming practice: certified organic. Contact www.wholesomeharvest.com

Wheatsfield Cooperative, Ames - potatoes, cheeses, coffee, cocoa. The management and board at Wheatsfield have been extremely supportive of our efforts. Contact 515.232.4094 <http://local.wheatsfield.coop>